

ATTAINING EQUANIMITY

THE FINAL OBJECTIVE

Stage - 1

KNOWING YOURSELF (WHO AM I, DON'T SHY)

If you know your characteristics and who you are, the job is half Done,

If you don't – markets will be the toughest profession under the Sun.

Ask yourself – Why are you there into market Trading?

Try & write your answer and arrange them as Threading.

Critical analysis will let you decide – to go ahead or call it a Day,

If you choose to move ahead – know in advance that markets are known for unfair Play.

Success will be yours only if you are ready to burn the midnight Oil,

This market has the potential to reward your dedicated untiring efforts even in case of Turmoil.

Stage - 2

PREPARING YOURSELF (GETTING READY, SLOW & STEADY)

Choose the domain amongst hundreds which you want to Expertise,

As this market will let only earn the Masters & not the Jacks Please.

Choose a mentor to learn and hone your market Skills,

It should be someone or something hardcore with No-frills.

When you are ready to go – start trading in shallow Waters,

Compulsorily make a trading journal & analyze your results at least every Quarter.

Improvise yourself based on your results and keep evolving brick by Brick,

Over a period of time you will fathom that wealth can only be created steadily & not by a Flick.

Stage - 3

ATTAINING EQUANIMITY WITH INTEGRITY

Why are you doing this exercise – for making money on the bourse,

But there is still something missing after that – Bliss of Course.

Yes, I am talking about attaining a balance of Mind, Body & Soul,

Believe me, earning money is just a journey to reach the destination where you will know yourself – The Whole.

You have to reach where there will be eternal love and no Fight,

Everything seems to be crystal clear in Black & White.

You will lose meaning of entertainment from Whatsapp, Instagram or Facebook,

As you have reached a stage where you and God are giving each other - a one to one Look.

Bharat Jain